

## **BORN TO BUILD TOASTMASTERS**

# Why should YOU join Toastmasters?

Do you wish to improve your ability to...

- Persuade and convince others?
- Put ideas across clearly and understandably?
- Improve your self-confidence before a group of people?
- Think quickly and clearly under pressure?
- Become skilled in group leadership?
- Listen effectively and constructively?
- Tactfully evaluate someone else's presentation?
- Gracefully accept helpful feedback?
- Be part of a specialized group, created just for the construction industry?

If you answered "yes" to any of these, Toastmasters can help you.

By becoming a member, you can reach your goals of better communication in business meetings, community affairs, job interviews, sales contacts, panel discussions, etc.

Anyone wanting to improve their speaking and leadership skills will be welcomed to our club.

#### At Born to Build, you'll find:

- A supportive group environment
- Constructive evaluation of your speeches
- A wealth of tools and resources
- Members at all ability levels
- Great networking in the construction industry.

### With Born to Build, you'll soon:

- Give better presentations
- Hone your management skills
- Become comfortable giving unplanned speeches
- Develop and present ideas more effectively
- Learn tips in giving constructive feedback
- Accept feedback more objectively

# BORNIS BUILD

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#### What does my Toastmasters membership provide?

- **New Member Kit** containing a Competent Communicator manual, a Competent Leadership manual, general orientation materials, and 3 additional manuals: Your Speaking Voice, Effective Speech Evaluation, and Your Body Speaks. The Competent Communicator manual is designed to help members develop the basic skills needed to prepare and present effective speeches.
- The Toastmaster monthly magazine. The Toastmaster provides insights into the world of communication and leadership.
- And more, such as full participation opportunities in weekly Toastmaster meetings, access to professionally prepared educational materials and resources on speaking, listening, and discussion.

#### How much does my membership cost?

Membership fees are relatively small, and are paid on a semi-annual basis. Many employers reimburse employees for the membership cost, approximately \$72/year. The first 6 months as a new member at our club costs just \$61 (this includes the one time new member fee). Each 6 month period after you join is only \$36. If you join in the middle of a dues period, your club member fees will be prorated.

#### Communicate and lead with confidence - join Toastmasters!

Contact: John Rumler, 503-807-2388, rumler@hevanet.com
Meeting Day/Time: Every Thursday from 7:00-8:00am
Location: Northwest College of Construction—Room 101

8111 NE Holman Street, Portland, OR 97218

**Note:** This is an 'open' club, you do not need to be a student to join.



# **Toastmasters Membership Application**For faster service, add and pay your new members online

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	Check: No.			Amount \$			SIGNED:APPLICANT
							By my signature below, I certify that this individual has joined the Toastmasters club identified above. As a club, we will ensure that this member receives proper orientation and mentoring.
							CLUB OFFICER

#### MEMBER'S AGREEMENT AND RELEASE:

Consistent with my desire to take personal responsibility for my conduct, individually and as a member of a Toastmasters club, I agree to abide by the principles contained in "A Toastmaster's Promise" and the governing documents and policies of Toastmasters International and my club. I will refrain from any form of discrimination, harassment, derogatory, illegal, or unethical conduct, and I understand that if I engage in such conduct, I may be responsible to reimburse Toastmasters International, my club or other clubs, or other individuals involved with Toastmasters, for any damages, losses, or costs resulting from my conduct. Understanding that Toastmasters programs are conducted by volunteers who cannot be effectively screened or supervised by Toastmasters International or its clubs, I release and discharge Toastmasters International, its clubs, governing bodies, and representatives from any liability for the intentional or negligent acts or omissions of any member or officer of my club or other clubs, or any officer of Toastmasters International.

#### A TOASTMASTER'S PROMISE

As a member of Toastmasters International and my club, I promise...

- To attend club meetings regularly;
- ▶ To prepare all of my speeches to the best of my ability, basing them on projects in the Communication and Leadership Program manual or the Advanced Communication and Leadership Program manuals;
- ▶ To prepare for and fulfill meeting assignments;
- ▶ To provide fellow members with helpful, constructive evaluations;
- ▶ To help the club maintain the positive, friendly environment necessary for all members to learn and grow;
- To serve my club as an officer when called upon to do so;
- ▶ To treat my fellow club members and our guests with respect and courtesy;
- ♦ To bring guests to club meetings so they can see the benefits Toastmasters membership offers;
- ▶ To adhere to the guidelines and rules for all Toastmasters educational and recognition programs;
- To maintain honest and highly ethical standards during the conduct of all Toastmasters activities.

CLUB OFFICER – Please make a copy for your club's records and send the original with payment to:

Membership Records, Toastmasters International, P.O. Box 9052, Mission Viejo, CA 92690 USA

Phone 949.858.8255 • Fax 949.858.1207 • www.toastmasters.org